



“creating a village in the city”

Please Contact Us

We are located in the community room at
Kortright Hills Public School
 23 Ptarmigan Drive Guelph, ON NIC 1B5
 519.993.5264 khng@bellnet.ca www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road

East – Hanlon Expressway;

West – City Limits;

South West – City Limits to Downey Rd;

South East – Teal Dr. from Downey to Hanlon.

October 2016 issue

Visit us on the Web: www.khng.ca

Boonanza

KHNG 7th Annual Halloween Party!!!

Kortright Hills P.S. Gym

Sunday, October 30th, 2016

1:00 to 4:00 pm

Halloween Carnival Games, Activities & Crafts, Wear your Costume and enter our costume contest for youth and adults, Face Painting by Makin' Faces, Photo Booth**, Haunted House (sponsored by 26th Venture Scouts), Door Prizes, Carved Pumpkin Contest, Nutrition Workshop by Zehrs, The Making-Box Inclusive Impro Show and Concession items available **

** Small Charges Apply

HALLOWEEN FOOD DRIVE, BRING A NON-PERISHABLE FOOD ITEM TO BOONANZA

Join us Sunday afternoon for a Pre-Halloween party!!

For more information contact Leone khng@bellnet.ca

Many thanks to our sponsors this year:



For more information email khng@bellnet.ca or call 519.993.5462 or visit www.khng.ca



Garden Fresh Box



"creating a village in the city"

Garden Fresh Box is a non-profit produce buying program that provides you with affordable fresh fruit and vegetables, while supporting local farmers!!

EVERYONE IS WELCOME to participate in the Garden Fresh Program

How it works:

ORDER by the first Tuesday of each month

⇒ **PICK-UP** on the third Wednesday of the month between 5-7pm

⇒ Typical boxes contains 9-14 vegetables and 2-5 types of fruit

⇒ **LARGE** Box \$20, **SMALL** Box \$15



WEBSITE:

<http://www.guelphchc.ca/pages/healthy-living/food-health/garden-fresh-box>

KHNG is your local host site order your Garden Fresh Box Today!! Email: khng@bellnet.ca

Order and Pick Up Dates:

Order & Pay By:

Tues Oct 4th
Tues Nov 1st
Tues Dec 6th

Pick-Up

Wed Oct 19th
Wed Nov 16th
Wed Dec 21st



Visit
www.khng.ca

Official KHNG website Check it out!!

Register and become a member

Our website offers:

Current events Monthly calendar
Discussion forum Quarterly newsletters
Minutes of our meetings

Current programs available

Become a member, register now!!

Join KHNG on Facebook



facebook.com/KortrightHillsNeighbourhoodGroup/

and 'like' the page. It's a great place to share ideas, photos and link with other neighbours

Follow us on Twitter  @KhngHills

KHNG Presents KASP (Kortright After School Program)



"16 Weeks Of Movie Magic!!"

Who: Students from *JK – Grade 6
What: 16-week Recreational & Educational After School Program
Where: Kortright Hills Community Room
When: Mon, Tues, Wed & Thurs
3:20 – 5:00pm - Sept 6 - Dec 22, 2016
Cost: \$12 per day (cheques payable to Kortright Hills Neighbourhood Group)

Welcome to KASP!

Lights, camera, action and roll in the "Movie Magic" for the new Fall Season of KASP. Crafts, games, costumes and improv theatre fun, plus our feature attraction: rotating movie days once a week. Kid friendly choices from classics to cartoons. During each 2 hour session a healthy snack will be provided and off the couch play in the gym or outside weather permitting.

*JK and SK students will be escorted to the community room after school by a KASP staff member

Parent/Student Volunteers Needed! Email if you are able to volunteer in the program for any or all of the sessions.

For more information or to register, please email
Leone khng@bellnet.ca



Limited Spaces Available, Register Today!!



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Welcome!

If you are new to the neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

Thank You!

A special ‘thanks’ goes to all of our volunteers and community partners, 26th Guelph Scouting Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

Stay

Informed:

To get email updates of our neighbourhood events delivered right to your inbox, please send your request to khng@bellnet.ca. Also watch for our new A-frame signs telling you that new information is posted on our website.

Fall Programs!



PHOTO CLUB: Welcomes new members who are interested in digital photography to meet in the community room at Kortright Hills PS the first **Monday of each month at 7:00pm**. Contact Wendy Spicer for more information: spiss@rogers.com.

NOTE: Contact if interested!



SCOUTS: Do you enjoy camping, making new friends, developing leadership skills and much more? If so, the **26th Scout Group** is the group for you. Registration is available in all sections for the 2016/2017 scouting year

- Beavers ages 5-7 meet Mondays 6:30-7:30**
- Cubs ages 8-10 meet Wednesdays 6:30-8:00**
- Scouts ages 11-14 meet Tuesdays 7:00-8:45**
- Venturer ages 14-17 meet Mondays 7:00-8:45**

The above scouting programs meet at Kortright Hills Public School. Contact 26th Guelph Registrar Leone 519.821.6948 or email: 26thguelph@w.scouter.ca for further information.



Guelph Moms and Co

Toddler Time: This program is designed for those busy toddlers. Each week we have a theme, a craft, circle time and alternate story and sensory play. With all of our programs siblings of any age are welcome to join us. Guelph Moms and Co love to create educational, fun and interactive programs that really get the kids playing and creating. Check www.guelphmomsandco.com for more information. Please contact us if you would like to come out for a free class!



**KORTRIGHT HILLS
NEIGHBOURHOOD GROUP
NEW PHONE NUMBER
519.993.5264**

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- * Planning of upcoming events (Boonanza, Youth Nights and other events in 2016 etc.)
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG



If these or similar opportunities are of interest to you, contact us today at khng@bellnet.ca. Your help is needed – call or e-mail us today!!

Mark your calendars to attend KHNG upcoming Events:

KHNG Monthly meeting/social:

Wednesday Oct. 19, 2016 Thursday Nov 17, 2016
Thursday Dec 15, 2016

- * Garden Fresh Box Pick Up - Wed Oct 19th, Nov 16th and Dec 21st, 2016
- * Boonanza - Sunday October 30, 2016 1-4pm
- * KHNG Youth Nights - Oct 14th, Nov 4th and 18th (in gym) and Dec 2nd (Holiday Craft Night in community room) and 16th (in gym).

Visit KHNG website for up to date events: www.khng.ca and consider getting involved with YOUR Neighbourhood Group join us the 3rd Thursday of each month at 7:00 pm in the Community Room!

Two Rivers Neighbourhood Group's 5th Annual

post-Halloween PUMPKIN PROMENADE



Thursday NOV. 3 • 6:30-8:30pm
GUELPH LITTLE THEATRE
on Morris St. by York Rd.

Drop off your carved jack-o-lanterns after 12 noon on Nov. 3 in the GLT parking lot, or if you live in the Ward leave your pumpkin on your curb Thursday morning for pick-up.

LIVE PARADE BAND starting @ 6:30

This is a FUN Raiser for the Neighbourhood Group
• Donations \$5 per family or \$2 each suggested
• Hot Chocolate \$1
• vote for your favourite pumpkin • wear costumes

Volunteers are Needed!
Everyone is Welcome!

For more information or to get involved : 519-837-4248
www.tworiversng.ca or visit our facebook page




Kortright Hills resident since 1989




Independently owned and operated


“Buying my first home was a daunting task, but Linda made it *simple* and *easy*. ”
-Claire Braden

“Without her we would not be in the home we *love* so much today! ”
-Amelia Morris & Clarke Mattany

Get my advice on how to get your home market ready.
For a professional complimentary Market Evaluation call Linda today at 519-760-0008 or email at linda@cbn.on.ca

LINDA MAIN | Sales Representative

Discover the benefits of using your neighbourhood realtor

Office: 519.821.3600 | Cell: 519.760.0008 |  @LindaTMain
Page 4 of 10



Carolina Chickadee

Flying Start[®] Combo

The all-in-one feeder that attracts them all with seed, suet, nuts and fruit.



Downy Woodpecker



American Goldfinch

Visit us at:
Wild Birds Unlimited
 951 Gordon St (@ Kortright)
 Guelph, Ontario
 519-821-2473
www.guelph.wbu.com



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KHNG FALL YOUTH NIGHTS!!

FREE Multi-Activity Nights

Youth: 8+ Years Old 7:00 pm - 9:00 pm

Kortright Hills Public School Gym or KHNG Community Room

Friday October 14, 2016

Friday November 4, 2016

Friday November 18, 2016 (Dragon Game Night)

Friday December 2, 2016 (Holiday Youth Night)

Friday December 16, 2016

All welcome, bring your friends & family for a night of fun.

Healthy snacks provided!!

(youth nights will only run if we have enough volunteers)

For more info or to volunteer email: KHNG@bellnet.ca

Kids join Scouts for amazing experiences they can't find anywhere else. Scouts is the start of something great. Find out how to become a Scout today!

Register now for the 2016/2017 Scouting year.

Beavers	ages 5-7	meet Mon 6:30-7:30
Cubs	ages 8-10	meet Wed 6:30-8:00
Scouts	ages 11-14	meet Tues 7:00-8:45
Venturer	ages 14-17	meet Mon 7:00-8:45

Email: 26thguelph@w.scouter.ca to register or for more info.

REGISTER ONLINE TODAY! Scouts.ca
 1-888-855-3336



It starts with Scouts.

Want to Advertise in KHNG Quarterly Newsletter:



"creating a village in the city"

KHNG sends an electronic newsletter out four times a year, next issue January 2017. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbours, write an article of interest or if you are a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail khng@bellnet.ca. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbours helping neighbours.

Kortright Hills Classifieds!!



Community Volunteers Needed!!

Volunteers Needed for "KASP" Program

Kortright After School Program need volunteers to assist with this program. KASP runs Mon, Tues, Wed and Thurs, 3:20 to 5:30 pm, students JK to Gr. 6. This would be a perfect opportunity for stay-at-home parents, grandparents and/or high school/university students to give back to the community.

If interested please contact Leone khng@bellnet.ca

26th Guelph Scouting Group

Do you enjoy the outdoors? Do you love to work with children aged 5 to 17? Become a volunteer leader at the 26th Guelph Scouting Group. For further details contact

26thguelph@w.scouters.ca

Convert Your VHS to DVD

VHS to DVD conversion service.

I'll convert your old VHS, mini DVC tapes and 8 mm tapes to a DVD. Only \$10/tape (up to 2 hours). Contact [519-823-8185](tel:519-823-8185) or DVDTansferGuelph@gmail.com

26th Guelph Scouting Group

Join The Adventure of 26th Guelph Scouting Group

Interested in joining BEAVERS, CUBS, SCOUTS, VENTURERS...

Register now!!

The 26th Guelph Scouting Group meets at the Kortright Hills Public School gym.

Beavers ages 5-7 meet Mondays 6:30-7:30

Cubs ages 8-10 meet Wednesdays 7:00-8:30

Scouts ages 11-14 meet Tuesdays 7:00-8:45

Venturers ages 14-17 meet Mondays 7:00-9:00

For more details contact Paul [519-821-6948](tel:519-821-6948) or

email: 26thguelph@w.scouters.ca



It starts with Scouts.

26th Guelph Annual Scout Bazaar

26th GUELPH ANNUAL SCOUT CRAFT BAZAAR

VENDORS NEEDED!! Calling ALL crafters, hobbies, small business owners anyone with creative flare!! 26th Guelph Scouting Group is happy to announce the 5th **ANNUAL CRAFTER'S BAZAAR**. We are looking for individuals who have unique, one of a kind handmade crafts for sale like knitting, quilting, jewelry, photos, pottery, paper crafts who would like to participate. **When:** November 12th 2016 10am-3pm;

Where: Kortright Hills Public School 23 Ptarmigan Drive, Guelph, ON;

Why: To help our Scouting Youth and Volunteers attend annual camps and Jamborees

Want more information please contact:

Jason or Tanya at 519-827-1505, or

Darryl or Janice at 519-837-3462 or

email us at 26thscoutscraft2016@gmail.com



Makin' Faces Face Painting/Infinite Body Arts!!

Makin' Faces Face Painting/Infinite Body Arts

Face Painting & body art plus henna, jagua, glitter, belly painting & airbrush tattoos. With an awards winning & insured Crew of specialty artists we can accommodate events of all sizes from birthday parties to festivals. 519-942-7539 infinitebodyarts@gmail.com or makinfaces@gmail.com



Kortright Hills Neighbourhood Opportunities

KHNG Community Room

Are you looking for a place to hold a community meeting, start a club, provide a workshop or have an idea for adult or children programs? Would you like to share your time/ideas with the neighbourhood. Call or email KHNG to find our more information or book the community room.

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone to add your email to our electronic list.

Contact KHNG:

www.khng.ca * khng@bellnet.ca * 519-993-5264



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Want to Advertise in KHNG Quarterly Newsletter:

KHNG sends an electronic newsletter out four times a year, next issue January 2017. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbours, write an article of interest or if you are a student looking to offer your services (i.e.: babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail khng@bellnet.ca. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbours helping neighbours.

Kortright Hills Classifieds Continued!!



Community Room Available!!

Do you have an idea for an:
Event
Program
Social

that may interest others in the Kortright Hills Neighbourhood?

Ask KHNG about using the community room!

Call Leone 519.993.5264 or e-mail: khng@bellnet.ca

Contact KHNG:

www.khng.ca * khng@bellnet.ca * 519-993-5264

Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2017

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter \$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website

Quarter page ad, graphics, logo and border

\$25.00 for Newsletter \$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events

Advertise in our next newsletter January 2017!!

**26th Guelph Scouts
5th Annual**

Holiday Craft Bazaar

Free Admission
Kortright Hills Public School
23 Ptarmigan Drive, Guelph

Saturday, November 12 10am-3pm

Featuring over 50 vendors with a stunning array of fabulous gift ideas for everyone on your list!

**SILENT AUCTION * REFRESHMENTS * BAKED GOODS
FREE FACEPAINTING & MORE ...**

Check out our Facebook page:
www.facebook.com/26thguelphannualscoutbazaar/?fref=ts



Martial Arts - Ninjutsu

(Takamatsu Ryu-ha)

Mon. 6-8pm

FREE for ALL AGES

"offered in partnership with EnergizeGuelph - a Healthy Living Project."
Healthy snacks provided

Tytlar P.S. Gym

Wear loose, comfortable clothing.

Children under 8 should sign up with an adult caregiver.

Questions?: Sensei Arthur Kerrey soulphyr@gmail.com 519-942-7539

More martial arts?

In addition to the Energize Guelph Martial Arts Mondays, check out our other programs. Sensei Arthur Kerrey also hosts a \$5/PWYC Thursday in the Sacred Heart School gym, 6-8pm, 12 to Adult Class. Drop in anytime. We also offer our special after school Kids & Youth martial arts program. Fridays during the school year, 3:30 to 5:30 at Kortright Hills School gym. This Community based initiative is \$12 per session & includes free play, warm up, martial arts, games & a healthy snack for 2 hours of supervised awesomeness. Sign up now, spaces still available in our September to December program! Takamatsu Ryu-Ha is also available for workshops for classrooms, schools & corporate team building.

Winter Weather Tips:

MONITOR THE WEATHER

- Pay close attention to changing weather conditions
- Listen to weather forecasts early in the day to determine if there is the potential for severe weather in your area
- Check road reports before setting out on a trip



TRAVEL SAFELY

- Give your car a winter tune-up in mid autumn
- Install snow tires early to avoid being caught off guard by a late autumn snowstorm.
- Prepare an emergency kit for your car with items such as a flashlight, warm gel packs, a shovel, new batteries and a blanket

DRIVE CAREFULLY

- Completely clear your car windows and mirrors of snow and ice before driving
- Take it slow: don't accelerate too quickly, avoid sharp turns at high speeds, and brake well in advance of where you want to stop
- Leave lot's of space between you and the car driving in front of you
- Beware of black ice
- Test your breaks: if you feel your brakes lock, or your car begin to slide, adjust by slowing down

TAKE PRECAUTIONS

- If you must be outside during inclement weather, dress appropriately - wear a hat, gloves and dress in layers
- Beware of frostbite, which can occur in minutes and watch carefully for symptoms of hypothermia such as shivering, confusion and loss of muscular control



"creating a village in the city"

**GUELPH
POLICE
SERVICE
PRIDE
SERVICE
TRUST**

**COLOUR
ME!!**

Seasonal Safety Tips

October

This month is Halloween. Make sure your kids wear reflective costumes and please be aware of little goblins and ghouls trick or treating in neighbourhoods'.

November

As the weather starts to get colder, make sure your car is in good repair and remember that the frosty nights can leave black ice on the roadways for your morning drive to work.

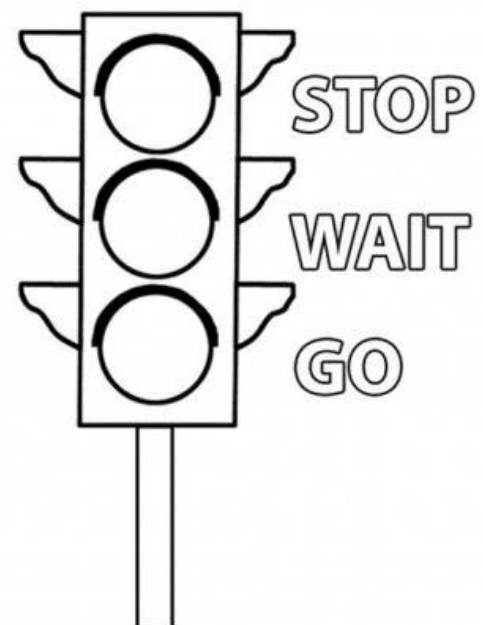
December

It's the festive season, please don't drink and drive. Make sure you have made arrangements for safe transportation home.

Other tips can be found on the Guelph Police Services website:
<http://www.guelphpo.lice.com>

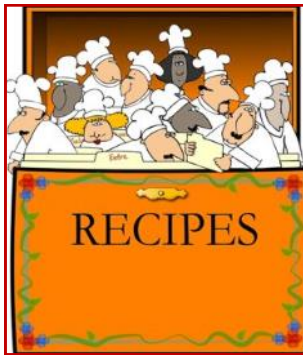


Traffic lights sign



Kortright Hills

Recipe Corner!!



"creating a village in the city"

Hot Carmel Apple Juice



Ingredients:

- 2 cups apple juice
- 3 tablespoons caramel syrup (such as Hershey's)
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon vanilla extract
- 1/4 cup whipped cream, or to taste (optional)

Directions:

Whisk apple juice, caramel syrup, cinnamon, and nutmeg together in a saucepan over medium-high heat. Cook and whisk briskly until mixture is hot but not boiling, about 3 minutes. Add vanilla; cook and stir for 1 more minute. Pour into mugs and top with whipped cream.

Fall in Love (with) Guacamole

Ingredients:

- 3 avocados, peeled and pitted
- 1 teaspoon sea salt
- 1 teaspoon garlic powder
- 2 tablespoons fresh lime juice
- 1/2 cup diced onion
- 2 roma (plum) tomatoes, diced
- 3 tablespoons chopped cilantro
- 1 pinch cayenne pepper, or more to taste (optional)



Directions:

Mash avocados, sea salt, garlic powder, and lime juice in a bowl using a fork.

Mix onion, tomatoes, and cilantro into avocado mixture; season with cayenne pepper.

Harvest Salad



Ingredients:

- 1/2 cup chopped walnuts
- 1 bunch spinach, rinsed and torn into bite-size pieces
- 1/2 cup dried cranberries
- 1/2 cup crumbled blue cheese
- 2 tomatoes, chopped
- 1 avocado - peeled, pitted and diced
- 1/2 red onion, thinly sliced
- 2 tablespoons red raspberry jam (with seeds)
- 2 tablespoons red wine vinegar
- 1/3 cup walnut oil
- freshly ground black pepper to taste
- salt to taste

Directions:

Preheat oven to 375 degrees F (190 degrees C). Arrange walnuts in a single layer on a baking sheet. Toast in oven for 5 minutes, or until nuts begin to brown.

In a large bowl, toss together the spinach, walnuts, cranberries, blue cheese, tomatoes, avocado, and red onion.

In a small bowl, whisk together jam, vinegar, walnut oil, pepper, and salt. Pour over the salad just before serving, and toss to coat.

Fall Harvest Soup!



Ingredients:

- 1 tablespoon butter
- 6 cups chicken broth
- 2 large carrots, peeled & chopped
- 1 pear, cored & chopped
- 1 (15 ounce) can pumpkin puree
- 1 tablespoon honey
- 1 1/2 teaspoons ground nutmeg
- 1 1/2 teaspoons ground cinnamon
- 8 leaves fresh basil for garnish
- 2 onions, chopped
- 1 large sweet potato, peeled & chopped
- 1 apple, cored & chopped
- 1 cup chopped red bell pepper
- 1/2 cup evaporated milk (optional)
- 1 1/2 teaspoons ground allspice
- 1 1/2 teaspoon ground cloves
- Salt & ground black pepper to taste

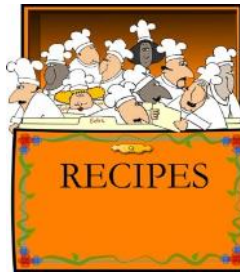
Directions:

Melt butter in a large soup pot over medium heat; cook onions in butter, stirring frequently, until lightly golden brown, about 15 minutes. Pour chicken broth into onions and bring to a boil.

Reduce heat to low, stir sweet potato and carrots into broth mixture; simmer until vegetables are tender, about 10 minutes. Stir apple, pear, and red pepper into the mixture; simmer until softened, about 5 more minutes. Use an immersion blender to blend the mixture into a smooth puree.

Stir pumpkin puree, evaporated milk, honey, allspice, nutmeg, cloves, cinnamon, salt, and black pepper into soup; puree again with the immersion blender. Ladle into bowls; garnish each serving with a basil leaf.

Kortright Hills Recipe Corner!!



'Welcome Fall'

Roasted Chicken and Butternut Squash

Ingredients:

2 cups cubed butternut squash
2 large red potatoes, scrubbed and cubed
2 carrots, peeled and cut into 1-inch pieces
2 shallots, sliced
4 cloves garlic, sliced
1 cup apple cider
2 tablespoons olive oil
1 tablespoon honey
1 teaspoon pumpkin pie spice
2 chicken leg quarters with skin
1 tablespoon unsalted butter, softened
salt and ground black pepper to taste



Directions:

Preheat oven to 400 degrees F (200 degrees C). Combine squash, red potatoes, carrots, shallots, and garlic in a 9x13-inch baking dish. Pour apple cider over the vegetables and drizzle with olive oil and honey. Sprinkle with pumpkin pie spice; stir to coat vegetables. Rub chicken legs with unsalted butter and place atop vegetables. Sprinkle chicken with salt and black pepper. Cover dish with aluminum foil. Place into the preheated oven, turn oven temperature down to 350 degrees F (175 degrees C), and bake for 45 minutes. Remove aluminum foil, return to oven, and bake until chicken skin is crisp and brown, about 15 more minutes. An instant-read meat thermometer inserted into the thickest part of a thigh, not touching bone, should read 160 degrees F (70 degrees C).

Baked Sweet Potatoes with Ginger and Honey

Ingredients:

9 sweet potatoes, peeled and cubed
1/2 cup honey
3 tablespoons grated fresh ginger
2 tablespoons walnut oil
1 teaspoon ground cardamom
1/2 teaspoon ground black pepper



Directions:

Preheat oven to 400 degrees (205 degrees C). In a large bowl, combine the sweet potatoes, honey, ginger, oil, cardamom and pepper. Transfer to a large cast iron frying pan. Bake for 20 minutes. Turn the mixture over to expose the pieces from the bottom of the pan. Bake for another 20 minutes, or until the sweet potatoes are tender and caramelized on the outside.

Roasted Vegetables

Ingredients:

8 zucchini, peeled & chopped
8 carrots, diced
2 red onions, sliced
1 yellow bell pepper, sliced
1/2 cup olive oil
1 teaspoon dried rosemary
1 teaspoon dried thyme
2 bay leaves, crushed
1 teaspoon dried oregano
2 cloves garlic, minced
2 tablespoons fresh lemon juice
1 teaspoon grated lemon zest
salt and pepper to taste

1 eggplant, peeled & diced
16 cherry tomatoes
1 red bell pepper, sliced



Directions:

In a large bowl mix the zucchini, eggplant, carrots, tomatoes, onions and peppers with the oil, rosemary, thyme, bay leaves, oregano, garlic, lemon juice, lemon zest, salt and pepper. Cover and chill for at least 2 hours, and preferably overnight.

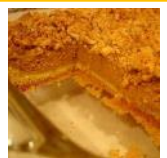
Preheat oven to 400 degrees F (200 degrees C).

On a large roasting pan, roast the vegetables, uncovered, for 20 minutes, or until the tomatoes have split and the edges of some of the vegetables are starting to crisp. Remove from the oven and stir before returning to the oven for another 20 minutes. At this time reduce heat to 200 degrees F (95 degrees C) and continue cooking until vegetables are tender, turning every 20 minutes.

Pumpkin Dessert

Ingredients:

1 (18.25 ounce) package yellow cake mix	1 egg
1/3 cup butter, melted	1/2 cup brown sugar
1 (29 ounce) can pumpkin	3 eggs
2/3 cup milk	1/4 cup butter, chilled
2 tablespoons pumpkin pie spice	3/4 cup chopped walnuts
1/2 cup white sugar	



Directions:

Preheat oven to 350 degrees F (175 degrees C) and lightly grease a 9x13 inch baking dish. Set aside 1 cup of cake mix. Combine remaining cake mix with melted butter and 1 egg and mix until well blended; spread mixture in the bottom of the prepared baking dish. In a large bowl combine pumpkin, brown sugar, milk, 3 eggs and pumpkin pie spice; mix well and pour this mixture over cake mix mixture in baking dish. In a small bowl with a pastry blender, or in a food processor, combine chilled butter and white sugar with reserved cake mix until mixture resembles coarse crumbs. Sprinkle over pumpkin mixture. Sprinkle chopped walnuts over all. Bake 45 to 50 minutes, until top is golden.